

MEAT & POULTRY	AVERAGE PRICE 2005
Bacon 500 g	\$ 3.19
Blade Roast 1kg	\$ 6.20
Butt Roast 1kg	\$ 5.45
Chicken 1kg	\$ 5.45
Ground beef, Regular, 1kg	\$ 3.85
Prime Rib Roast 1 kg	\$ 13.06
Round Steak 1 kg	\$ 9.23
Sirloin Steak 1 kg	\$ 10.47
Stewing Beef 1 kg	\$ 6.77
Pork Chops 1kg	\$ 8.25
Wieners 450 g	\$ 2.53
DAIRY PRODUCTS	AVERAGE PRICE
Homogenized Milk 1L	\$ 1.43
Partly Skimmed Milk 1L	\$ 1.39
Butter 454 g	\$ 2.98
Processed Cheese Slices 250 g	\$ 2.67
Evaporated Milk 385 ml	\$ 1.08
Eggs 1 dz	\$ 1.80
BREAD & BISCUITS	AVERAGE PRICE
Bread 675 g	\$ 1.31
Soda Crackers 450 g	\$ 1.97
Macaroni 500 g	\$ 0.96
Flour 2.5 kg	\$ 3.44
Corn Flakes 675 g	\$ 3.46
FRUIT & VEGESTABLES	AVERAGE PRICE
Apples 1 kg	\$ 2.21
Bananas 1kg	\$ 1.27
Cabbage 1kg	\$ 0.79
Carrots 1kg	\$ 1.08
Celery 1kg	\$ 1.61
Grapefruits 1kg	\$ 1.61
Mushrooms 1kg	\$ 5.44
Onions 1kg	\$ 1.12
Oranges 1kg	\$ 2.13
Potatoes 4.54 kg	\$ 3.06
Baked Beans, Canned, 398 ml	\$ 0.79
Ketchup 1L	\$ 2.53
Tomatoes, Canned, 796mlv	\$ 1.22
French Fried Potatoes, frozen, 1kg	\$ 1.65

Tomato Juice, Canned, 1.36 l	\$ 1.51
OTHER FOOD	AVERAGE PRICES
Sugar, White, 2 kg	\$ 2.45
Coffee, Roasted, 300 g	\$ 3.79
Coffee, Instant, 200 g	\$ 5.09
Tea (bags), 72	\$ 3.38
Cooking or Salad Oil, 1L	\$ 3.04
Soup, Canned, 284 ml	\$ 0.73
Baby Food, 128 ml	\$ 0.51
Peanut Butter, 500 g	\$ 2.70
Apple Juice, Canned, 1.36L	\$ 1.50
Orange Juice, tetra-brick, 1L	\$ 3.06
Fruit Flavoured Crystals, 2.25L	\$ 1.36
Soft Drinks, Cola Type, 2L	\$ 1.12
Soft Drinks, Lemon Type, 2L	\$ 1.17
HOUSEHOLD CLEANERS & TOILETRIES	AVERAGE PRICE
Laundry Detergent, 4L	\$ 6.53
Paper Towels (rolls), 2	\$ 1.62
Facial Tissue, 200	\$ 1.39
Bathroom Tissue(rolls), 4	\$ 1.67
Shampoo, 300ml	\$ 3.11
Deodorant, 60 g	\$ 2.81
Tooth Paste, 100 ml	\$ 1.34